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Natural Deworming

I recommend testing your pet's stool for worm eggs once or twice a year.

Prevention

Pumpkin seeds freshly ground, 2 teaspoons per 10kg of body weight, feed regularly.

Raw Garlic, preferably organic, cut or crushed and let sit for 10 minutes (that increases the amount of allicin), you can feed about ½ clove (⅔ tsp) for every 10kg body weight 2-3 times weekly.

Raw Carrot, preferably organic, coarsely chopped, 2 teaspoons for every 10kg body weight in as little food as possible, feed regularly.

Coconut flakes, dried and unsweetened, 1 teaspoon for 10kg body weight in as little food as possible, feed regularly.

Treatment

Diatomaceous Earth (may not help if your dog has tapeworms)

mix about 1/4 teaspoon per 10kg of body weight in water and serve with food, give for 12 days then break for 7 and repeat for another 12 days.

Pumpkin seeds (if your dog has tapeworms)

Grind and mix with food, 2 teaspoons per 10kg of body weight, 2 -3 times daily for 2 weeks.

Wormwood (for roundworms, not for cats, not during pregnancy/lactation)

200mg / 5kg bodyweight twice daily in food for 5 days or mix in coconut oil, shape into small balls, flavour with parmesan if necessary.